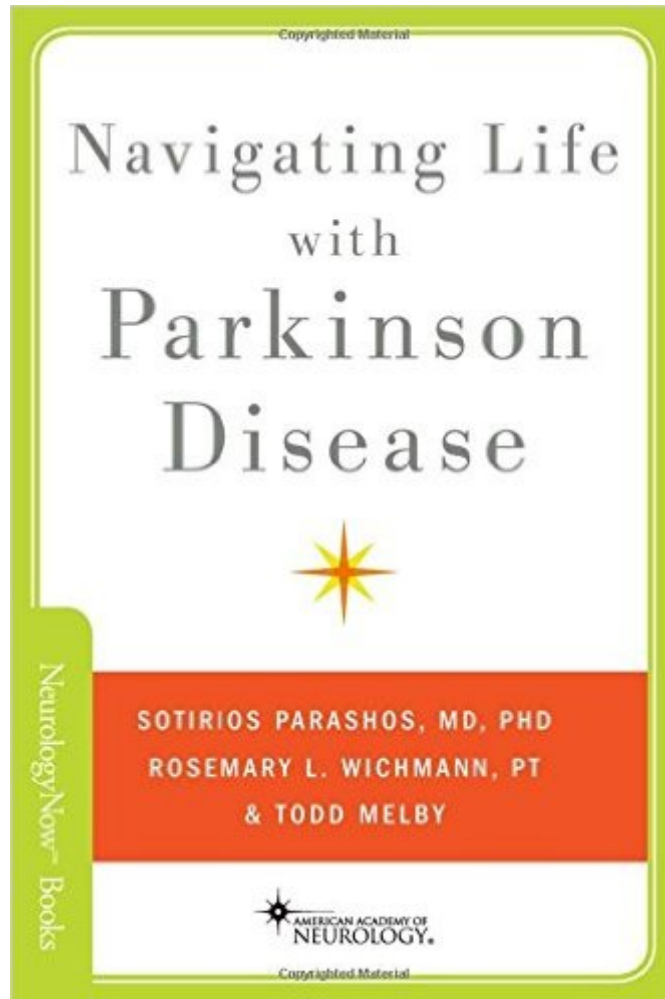


The book was found

# Navigating Life With Parkinson Disease (Neurology Now Books)



## Synopsis

Here is a marvelous guide for anyone affected by Parkinson's disease--patients, caregivers, family members, and friends. Containing the most up-to-date information on the disease, one of the most common neurological disorders, it discusses the available treatments and provides practical advice on how to manage the disease in the long term. Emphasizing life-style adjustments that will provide a better quality of life and moderate the burden for patients and their loved ones, the book answers many questions and clarifies misunderstandings regarding the disease. Written by two experts on Parkinson's disease and a freelance journalist, the book is approachable and easily understandable. Question and answer sections are provided, while "hot topics" are highlighted for easy visibility. The authors have also included true patient stories that will both inspire and instruct, and they have addressed several topics often not mentioned in physician-directed disease management, such as how to talk to family and friends about one's life with Parkinson's.

## Book Information

Series: Neurology Now Books

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Average Customer Review: 4.7 out of 5 stars [See all reviews](#) (94 customer reviews)

Best Sellers Rank: #134,759 in Books (See Top 100 in Books) #25 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Parkinson's Disease](#) #127 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Nervous System](#) #129 in [Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Neurology](#)

## Customer Reviews

I am always looking for new/better ways to adapt to my Parkinsons. This book has some of the newer research as well as many helpful ways to make my life easier. I strongly recommend it.

of all the books we have on Parkinsons Disease, this is by far the most informative. We have learned so much. New information.

We want as much info on the disease as possible. This book has info on most every question we have had. I would recommend it to anyone who lives with the disease either as a patient or care partner.

This book was a big help in understanding a very complicated disease. Answers lots of questions about what to expect as the disease progresses.

Any book written to help those with the disease or us caregivers is helpful. We need information on how to cope and what is in store for us "down the road". Thank you!

An excellent primer on Parkinson Disease. I'd recommend it for anyone with PD, or who has a loved one with PD.

This book is great for PD patients and their caregivers. So much information given in a concise way. The last chapter is wonderful and important for anyone looking at the end of life.

Patients and caregivers can will benefit from this volume. Newly diagnosed especially. Very basic stuff that really matters when dealing with day-to-day living with the disease. If you have had PD for a while, you have probably figured out most of what is in this volume. Recommended for caregivers who need to understand how life has changed, and will change in the future.

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